

# THE MODERN GUIDE TO BOTOX & FILLERS

We are fortunate to live in a time when non-surgical options for facial rejuvenation have come to the forefront due to the huge advancements in product composition and modernized techniques. As a result of these advancements, achieving natural results and making subtle tweakments that are widely undetectable has become easier than ever before. Below is an informative guide so you can best understand how these newer, more modern products and techniques are used in today's consciously aging world.



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## **The New Generation of Fillers:**

The new generation of dermal fillers are designed for a more natural and seamless integration with the skin and boast barely-there solutions for facial rejuvenation. Fillers, made from hyaluronic

acid, fill in wrinkles therefore making the skin appear younger and rejuvenated. They also help maintain or restore hydration and volumize the tissues of the face. Bio-Stimulators such as Sculptra, stimulate your skin to regrow its own natural collagen over time and works to replace volume lost and correct shallow to deep facial wrinkles and folds resulting in a firmer, younger looking skin.

## **Botox and Filler Techniques Have Changed:**

Aging doesn't occur in isolation therefore aesthetic experts are now taking a global and three-dimensional approach to Botox and filler procedures by looking at the entirety of the face and neck, with an appreciation of its interconnectedness. One of the key advantages of injectables is that they are able to lift and define. For example, filler is used to restore volume in temples and cheeks for overall rejuvenation. At the same time, Botox and Dysport are used in the neck area to counteract sagging jowls. More viscous hyaluronic acid fillers like Restylane Lyft and Voluma can be injected to lift the cheeks and nasolabial folds, while at the same time, Botox or Dysport can help refine the jawline and raise a downward-turned smile.

Being in the hands of an expert injector, along with modern formulations and improved techniques, has been a game changer when it comes to conscious aging and making natural changes.