



Dr. Tamy Faierman

Board Certified Plastic Surgeon

Tamy M. Faierman
Holistic Spa and Wellness Center

HER STORY

Dr. Faierman has been a board-certified plastic surgeon for over 20 years. Her approach and philosophy are focused on what she calls “whole-body” beauty. Dr. Faierman believes that beauty and wellness are deeply intertwined.

As such, in 2017 she expanded her practice and opened the Tamy M. Faierman Holistic Spa and Wellness Center. The center includes services that help a patient journey and seek their own discovery of beauty and wellness. The center has experts in various fields that provide holistic facials (which are different from traditional facials), non-invasive skincare techniques, and massage services such as lymphatic drainage. She also holds wellness workshops and herbal consultations at her wellness center.


HOW HAS BEING A WOMAN AFFECTED YOUR CAREER?

I have dreamt of becoming a surgeon since I was eight years old and it has been an incredible road full of challenges, sacrifices, and life-changing connections with people along the way. There certainly are challenges that are unique to women entering the surgical fields -both physical and emotional challenges such as Juggling your career, being an entrepreneur, and creating a business, and for many women also includes birthing your children, having a partner, and managing your household. In addition, gender discrimination is still active in the workplace, and I continue to work diligently for gender equality, specifically by mentoring young women entering the surgical field at this time.

The biggest challenge for me, as a woman surgeon, and mother of five children, has been to balance time for my career, as well as time for raising my kids and being an active presence in their lives. This is honestly a challenge that many women face today. I have been able to dance this delicate dance by working in solo private practice and managing my own time commitments and schedule.

WHAT ADVICE WOULD YOU GIVE TO YOUNG WOMEN?

Explore and find what your heart wants to do in this life, and if the answer is becoming a surgeon, go for it! If the answer is becoming a surgeon, go for it! There are hills and valleys along the way, as is life, but nothing compares to the experience of supporting another human being on their journey, through the transformative and profound power of surgery.


 “Stay true to yourself and your vision. Don’t let any one person’s opinion move you; listen, but be confident.”
 —**Amanda Kahlow**